

Occupational Therapy Guide

April 2012



LessonPix.com is an easy-to-use and affordable online resource for visual supports and learning materials.

In this guide, we hope to provide some great ideas for using LessonPix symbols and tools in your Occupational Therapy practice.

Please be sure to visit the companion page to this guide: <http://lessonpix.com/AOTA>

There, you will find:

- A PDF version of this document
- 24 OT-specific Symbol Cards
- A sample set of Dinosaur Lacing Cards
- A 15% Coupon Code for AOTA visitors

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"You focus on OT... we'll handle the artwork!"

Sometimes, you know exactly what type of material you want to create: after all, you know your clients better than anyone! However, being a great Occupational Therapist doesn't mean you're a great artist... that's where we can help.

10,000+ Symbols

LessonPix members can export any of our 10,000+ symbols to all of the standard picture format! Then, they can use all of their favorite tools to get as creative as they want!

Our categories cover everything from hygiene and basic ADL symbols to an entire collection with specific Occupational Therapy activities. Most are available as standard, outline and stencil versions.



Use all your favorite programs!

We export to JPEG, PNG, SVG, and PDF formats allowing you to use our symbols in literally thousands of applications. For example, you can use our symbols in popular commercial software such as:



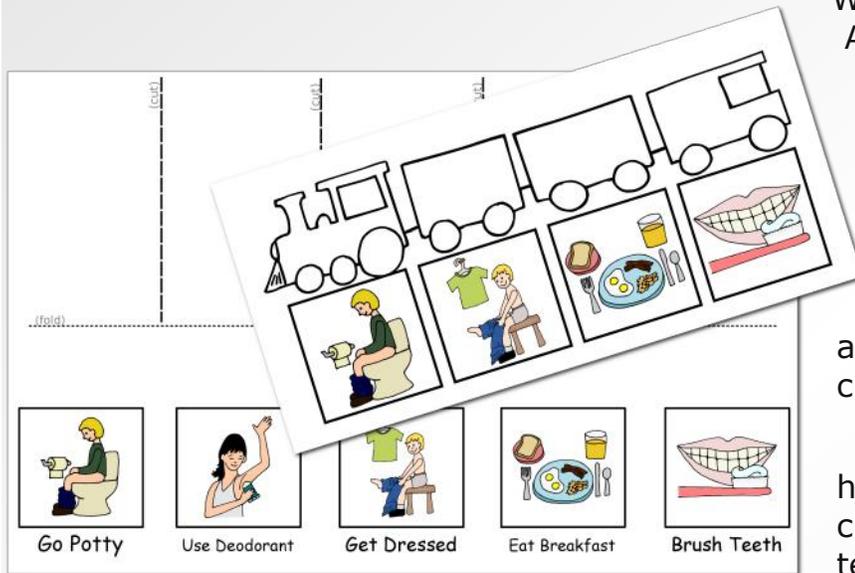
- Microsoft Word, PowerPoint & Publisher
- Smart Notebook
- Adobe PhotoShop and Illustrator
- Apple iLife, Final Cut, Aperture
- and thousands more!

You can also use great open-source and freeware software such as:

- Gimp (similar to PhotoShop)
- Inkscape (similar to Illustrator)
- Scribus (similar to Publisher)

Schedules and Labeling for ADLs

Visual Schedules for Basic ADLs



When helping a client with basic Activities for Daily Living such as personal care, dressing, etc. a clear, organized Visual Schedule can be a great help. Originally developed for our ASD teachers, our Visual Schedule templates are a breeze to create and use--just add the pictures to your tray and choose a template.

The Train template is a huge hit in pediatrics (especially children with autism) and the Flip template is great when you want your client to indicate progress.

You can also use your own photos in our schedule templates for times when an abstract symbol isn't appropriate. Just snap a photo with your smartphone and email it to your own upload address: it will be available to you (and only you) within seconds!

Labeling for Instrumental ADLs

When it comes to helping clients cope with their environments, sometimes very small adaptations like labeling can make a big difference. Adding labels to dangerous items like stoves and the like can even improve safety.

Our Label & Word Card templates, shown in a classroom setting here, are great for quickly and professionally creating labels for your client's environment. With multiple sizes and options, they are a great way to leverage our huge symbol library and make your job a bit easier.

Another big benefit is the ability to match the labels to their Picture Schedules (see above) or other visuals that you've created with LessonPix.



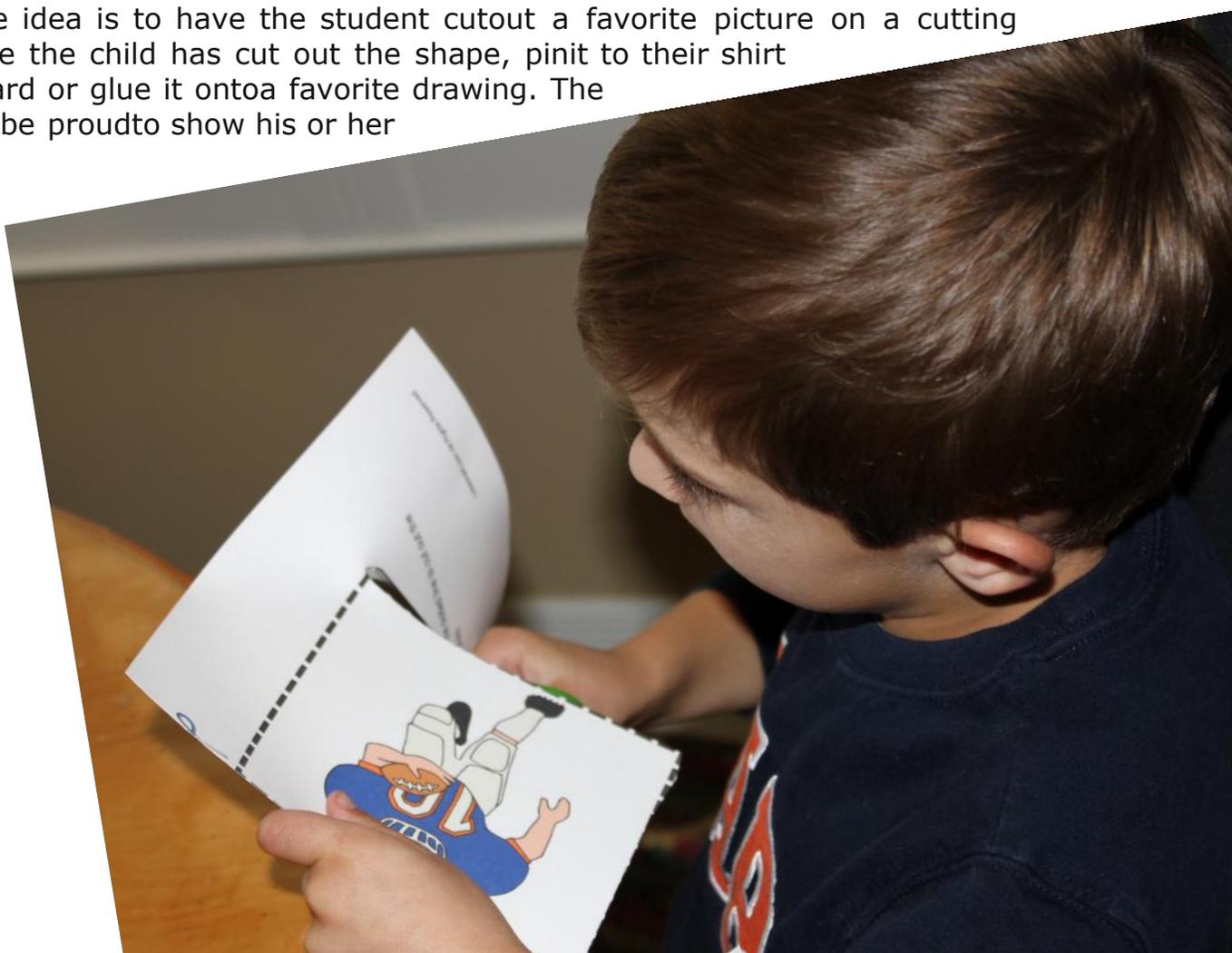
Cutting Practice

Cutting activities are a great way to work on fine motor skills such as muscle development, motor planning, bilateral hand movements, and visual perceptual skills. The typical progression of cutting skills:

- Snipping
- Cutting on a line
- Cutting simple shapes
- Cutting on increasing curves
- Circles

LessonPix offers users cutting worksheets that can be used for practice or assessment. Users can select pictures on the worksheet to help motivate the student (such as dinosaurs, sports, foods) or correspond with learning concepts (such as shapes, themes, letter sounds). Lessonpix provides worksheets to work on cutting on different shape lines or to cut out shapes.

One idea is to have the student cut out a favorite picture on a cutting page. Once the child has cut out the shape, pin it to their shirt as a reward or glue it onto a favorite drawing. The child will be proud to show his or her cutting.

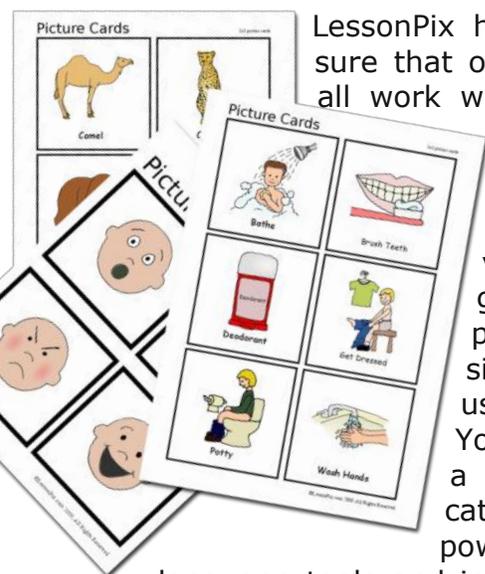


Symbols for your AAC Needs

Augmentative and Alternative Communication (AAC) devices give a voice to those who have none. They are a great option for clients with long-term communication disorders, as well as those with short term needs such as those recovering from stroke and injury.

Both low-end options, like communication books and "pointing boards" and high-end options like speech generating devices need a good selection of symbols in order to be effective.

Low-Tech AAC Tools



LessonPix has worked to make sure that our 10,000+ symbols all work wonderfully with both options.

Our Picture Cards templates will allow you to quickly generate PDFs of our picture cards in the sizes most commonly used in AAC tools. You can quickly create a theme using our categorized clipart, our powerful search, or our

language tools and instantly print a sheet of cards perfectly sized.

Speech Generating Devices

For those clients who do need a high-tech AAC device, we've partnered with two of the best providers in the market, and we expect to be providing additional overlays later this year.

LOGAN ProxTalker

The LOGAN ProxTalker is geared for users who want no limit to their vocabulary and benefit from its physical token



approach. The ProxTalker comes with SoundTags (RFID Chips) that the user can place on the velcro buttons to build sentences.

The physical tokens help children with sensory processing issues or autism who are learning to associate symbols with objects and eventually words. The ProxTalker can hold over 30,000 SoundTags in memory, having access to the LessonPix symbol library is a great addition.

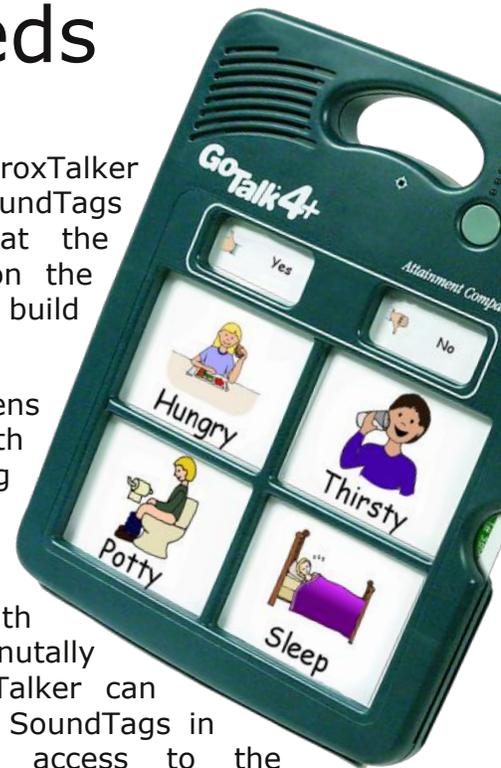
Today, LessonPix can generate labels for all SoundTag sizes using the same simple Wizard interface as the rest of our materials.

Attainment Company's GoTalk Line

Attainment Company's GoTalk line of speech generating devices is a popular and affordable option with options from 4 to 32 symbols per page, and a total vocabulary of over 160 symbols on a single device!

LessonPix provides instant overlays for all GoTalk+ devices, plus the powerful GoTalk 32 Express!

Got a device we don't support? Let us know! We aim to add 5 additional AAC vendors during 2012, so there's a good chance we'll support your favorite.



Custom Lacing Cards

Lacing cards, or sewing cards, are a simple activity that develops both fine motor and visual perceptual skills. Lacing Cards develop a child's ability to find the next hole (visual tracking), manipulate the string through the hole, turn the card over or feel the string come through the back, and then repeat the process from the back (spatial relationships).

There are many manufactured sets of lacing cards sold in sets according to a theme, such as transportation or food and cost about \$10 to \$15 a set. LessonPix provides an easy way to create lacing cards customized to correspond with specific needs, for example:

- Classroom vocabulary and concepts such as insects, community helpers, numbers, or shapes.
- Favorite story such as The Three Little Pigs.
- Targeted letter sounds focused on in speech therapy or early childhood classrooms.
- Safety Concepts such as "hot" or "cross street with adult"
- Social Concepts such as "greet a friend" or "use a tissue" (perhaps positive example on front and negative on back).

It may take a young child some time to figure out how to "sew". At around three years of age, your child may only be able to push the yarn through the holes but not understand the concept of threading it in and out of the holes. Just let them play with the cards and keep showing them how to do it. Eventually they will catch on and they will enjoy spending hours lacing different pictures and patterns.



Keep Therapy Fun with Putty Bingo

Therapy sessions can be tiring and can even get boring, especially when working with young children. One way to keep therapy fun is to mix in some games! Here are some ideas to keep your therapy sessions productive and fun.

Bingo games are always a big hit, and with a bit of creativity, they can help with fine motor skills, motor planning and even visual discrimination. Putty Bingo replaces the chips that cover the matched squares with pinches of putty (such as TheraPutty®, Play-Doh®, etc.).

Here's how to make Putty Bingo cards quickly and easily using LessonPix:

1. Choose the pictures you'd like to use from over 10,000 original symbols from our library (or add your own).
2. Pick the layout you want: you can choose 3x3, 4x4, 5x5, etc.
3. Specify how many unique cards you'd like: you can make up to 20 at a time.
4. Generate and print the Bingo PDF. It will automatically randomize the cards and also include a sheet with pictures to pull from a hat.
5. Optionally, you can laminate the cards since you'll be putting putty on them!



Some Bingo Ideas

1. Characters from a Story
2. Words that start with 'B' (LetterFinder)
3. Words with the /sh/ sound (SoundFinder)
4. Classmate Bingo (Upload

Once your game is made, hand each child a wad of putty to use in the game.

After that, normal Bingo rules apply: when you call each turn, they pull a piece from the putty wad and place it on the matching square.

It's a great way to get visual discrimination and fine motor practice while having fun!